



UPSTATE
UNIVERSITY HOSPITAL

Knowing Changes EverythingSM

PRE-SEASON BASELINE COGNITIVE TESTING

Computerized cognitive testing has become an integral part of concussion management. Athletes can be tested before the season starts in order to establish a baseline, and then re-tested in the event of concussion. Comparison of the test results can assist medical professionals in determining when the brain is fully recovered from injury and thus when it is safe for an athlete to return to play. For student-athletes, test results may also be useful in guiding academic interventions that might be needed during recovery.

If you are interested in pre-season baseline testing for your child, you can contact the UPSTATE Sports Concussion Program at (315) 464-8986.

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